



GROW
ABROAD

LANGUAGE, CULTURE,
& STUDENT EXCHANGE

Program Activity Breakdown

1. Adventure Center of Asheville

Often scheduled for the first day of programming, activities at the Adventure Center of Asheville are designed to foster group team building and allow students to get to know one another better. After playing some get-to-know-you games and sports, students will visit the “Asheville Treetops Adventure Park”, a ropes course designed to challenge and excite!



Location website: <https://www.ashevilletreetopsadventurepark.com/asheville-treetops-adventure-park>

2. “Downtown experience” and Woolworth walk



Students will break up into smaller groups and have the opportunity to explore downtown Asheville on foot, searching for answers to questions only locals know the answers to, such as “How much does a pound of candy at Mast General Store cost?” This activity allows them to get to know the town they will spend the next few weeks living in, and practice their English skills in an authentic context. A prize will be awarded to the group with the most correctly answered questions!

Students will be transported back in time when treated to lunch at Woolworth Walk is a traditional lunch counter and “Soda Fountain” built to resemble the original Woolworth Luncheonette, located in Asheville's historic landmark, “F.W. Woolworth,” building, established in 1938 and restored in 2001.

Location website: https://www.woolworthwalk.com/soda_fountain.php

3. Asheville tourist baseball game

Enjoy a night spent at “America’s pastime”, a Baseball game! Go Tourists!!, Asheville’s local minor league team.

Location website:

<https://www.milb.com/asheville>



4. Asheville City Pools



The City of Asheville has 3

Pools Within the City!
We often cool off here.

Location website:

<https://ashevillecitypools.com/>

5. Regal Cinema

Regal offers the best cinematic experience in digital 2D, 3D, IMAX, 4DX. Experience a real American "summer blockbuster"!

Location website: <https://www.regmovies.com/>



6. Shopping

Spend the afternoon shopping at the Asheville Outlet Mall!

Location website: <https://www.shopashevilleoutlets.com/directory/>

7. Local service projects



Once or twice a week students will have the unforgettable experience of volunteering in the local Asheville community. Volunteerism offers a deeper insight into what life in Asheville is really like, and connecting students to real-life people and lifestyles in our community. It is a chance to learn a new skill, help others, and make new friends! Volunteer projects are on a rotating basis but we commonly work with the following organizations-

Manna Food Bank: Students will sort food donations and learn about poverty and food insecurity in the United States. <https://www.mannafoodbank.org/how-you-can-help/volunteer/>

Bounty and Soul: This organization provides education about seasonal food harvesting, health and nutrition, and food insecurity. Students may work with young children to learn about nutrition, help out in a community garden, or hand out food at one of the weekly markets. <http://www.bountyandsoul.org/>

Conserving Carolina: Working with C.C. offers students an opportunity to learn about the part of the landscape around them. Students can participate in a wide range of volunteering options, such as Trail building and maintenance, Invasive plant removal, Tabling and outreach, Litter cleanups, Conservation easement monitoring, Water quality monitoring, restoring wildlife habitat, and more! <https://conservingcarolina.org/>

Asheville Poverty Initiative: Students may serve in a local soup kitchen. <https://www.ashevillepovertyinitiative.org/>

8. Dupont State Forest

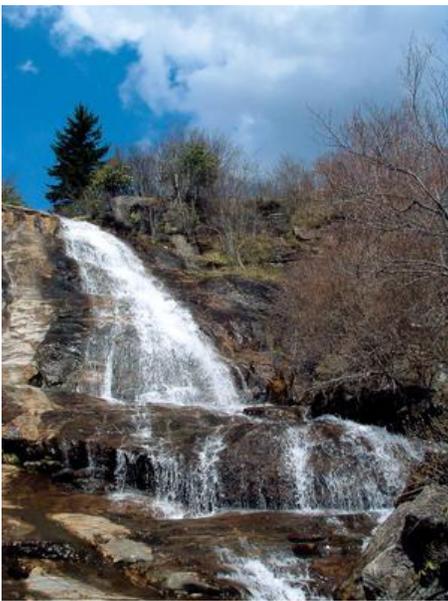
Located about an hour outside of Asheville near Brevard, NC, Dupont is a beautiful place to go hiking, biking, swimming, or simply sit back and enjoy the view.

Location website:

<https://www.dupontstaterекреationalforest.com/>



9. Graveyard fields

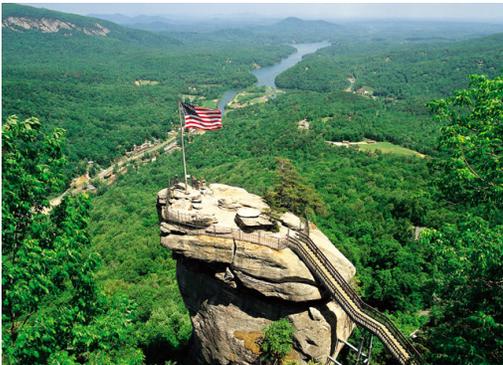


An interesting name for a place with an interesting history! Named for a historic forest fire 100 years ago that left the landscape burned and barren, it appeared to locals like a “graveyard” of trees. Thankfully, they’ve all grown back and today this is a beautiful, lush forest. Located in Pisgah National Forest, Graveyard Fields is a recreation area where students will go on a short hike to a waterfall where they can picnic lunch and spend the afternoon swimming.

Location website:

<https://www.hikewnc.info/trailheads/graveyard-fields/>

10. Chimney Rock State Park



Chimney Rock is a granite beacon for nature lovers, playfully crisscrossed with spectacular, yet safe, WNC hiking trails. They combine into North Carolina mountain adventures in as near to postcard perfect settings as you’ll find.

Location website:

<https://www.chimneyrockpark.com/>

11. Dollywood

Dollywood offers more than 40 world class rides, high-energy entertainment, and the friendliest park atmosphere in the world!

Location website:

<https://www.dollywood.com/themepark>



12. Carowinds Theme Park



Carowinds offers over 60 theme park rides as well as a waterpark. Students will spend the day riding rollercoasters, swimming in the pool, trying out one of the many amusement park games, and more!

Location website:

<https://www.carowinds.com/>

13. Language and Culture

Some days are dedicated to language and culture. The language options for American students will depend on the nationalities of our visiting students. These foreign language options will be on a rotation throughout the summer, in an attempt to offer as many languages as our visiting students speak! International students will be involved in a mix of activities regarding American culture, acclimating them to their new environment and engaging them in deeper discovery. They will also be engaging with American students via interactive experiences where they can practice their new language skills, ask questions, and learn from Americans in an authentic way. We discuss history and culture of their country, showing photos/movies, cooking cultural food, share our perspectives, among other fun activities... You can expect a lot of fun, hands-on experiential learning.

